

DALLAS AREA AGENCY ON AGING

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The Dallas Area Agency on Aging is a program of the Community Council of Greater Dallas, funded in part by the Texas Health and Human Services Commission.

WHAT WE DO

The Dallas Area Agency on Aging program coordinates a comprehensive, integrated service access system. Care managers work to assure easy access to services provided to and for Dallas County older adults and their caregivers. The following services are provided:

INFORMATION, REFERRAL & ASSISTANCE

The Aging Information Office (AIO) provides telephone information and assistance to older adults and caregivers. AIO informs, guides, and directs individuals to services and case coordination programs provided by the aging network.

To reach the AIO for questions and assistance, please call toll-free 1 (888) 223-9509.



FAMILY CAREGIVER SUPPORT PROGRAM

EASES THE EMOTIONAL, PHYSICAL, AND FINANCIAL STRAIN OF CAREGIVING THROUGH RESPIRE CARE, MINOR HOME REPAIR, CHORE SERVICES, TRANSPORTATION VOUCHERS, AND SOME DURABLE MEDICAL GOODS.

This program provides a multi-faceted system of support services for family caregivers and for grandparents raising grandchildren or older individuals who are relative caregivers. The care recipient needs to be 60 years of age or older or any age if they have Alzheimer's or dementia. A grandparent or older relative caregiver must be age 55+ caring for a grandchild or child age 18 years old or younger; is the primary caregiver because the biological adoptive parents are unable or unwilling to provide care; has legal custody or is raising informally; or the recipient is age 19-59 with severe disabilities. Grandparent must be a Dallas County resident and deprivation exist.

Care Coordination

Assistance for older adults with difficult or multiple problems. Services include minor home repair, chore services, personal assistance, transportation vouchers, and some durable medical goods.

Program Requirements

Must be age 60 years or older and living in Dallas County.

Benefits Counseling

Prescreening and referrals for public benefits. Aids older adults and caregivers with social security, SSI, Medicare, Medicaid, and Medicare Supplement and Long-term Care Insurance.

Legal Assistance

Legal counseling, representation, education, and information dissemination through a contract with an attorney for individuals identified and referred by staff and partner agencies.

Community Wellness

Workshops based on applying principles of scientific reasoning, behavior change theory, and participant action planning: **Chronic Disease Self-Management**: helps to manage ongoing health conditions; **Diabetes Self-Management**: manages diabetes and increase confidence for healthy living; A Matter of Balance: teaches practical strategies to reduce fear of falling and increase activity; **Diabetes Prevention Program**: strategies to prevent the onset of type 2 diabetes; **PEARLS**: provides coping strategies for those experiencing signs of depression and **Stress Busting for Caregivers**.

OUTREACH TO SPECIAL GROUPS

Increases the availability and utilization of services for the older adult community by ensuring Dallas County residents are aware of available services and are encouraged to participate

SUPPORTED AGENCIES

Deaf Action Center 214.521.0407 or 7-1-1 | **The Senior Source-Long Term Care Ombudsman Program** 214.823.5700 | **LifeRoads-Adapting to Vision Changes Program** 972.863.9712