

Alzheimer's Association Services

The Alzheimer's Association is the world's leading voluntary health organization in Alzheimer's care, support and research, and provides an array of Alzheimer's disease and related dementias support programs and services. These programs have been developed to support the person with the disease, their families, and professional caregivers from the onset of symptoms through the progressive and final stages of the disease.

Support:

- **24/7 Helpline** at 1-800-272-3900: The 1-800 Helpline is staffed by highly trained professionals who can assist with a variety of issues, including treatments and clinical trials, care strategies, and legal, financial and housing decisions. Information and referrals are made for local support and multiple language translations are available. Online option for resource lists: www.communityresourcefinder.org
- **Support Groups:** Support group sessions are a valuable therapeutic intervention for assisting persons with Alzheimer's disease and their families to overcome feelings of isolation, depression and despair. They are confidential, coordinated by trained Facilitators and are offered for both the person with disease and their families/friends. Please contact your local chapter office for a complete listing of support groups in your area. Online Option: ALZConnected is the first dedicated online social networking community for anyone impacted by Alzheimer's disease. It provides a safe place for people to connect with others in similar situations 24 hours a day, 365 days a year. www.alzconnected.org
- **Care Consultations:** Face to face (or telephone) meetings with specially-trained counseling staff to help caregivers and families identify the challenges they will be facing with a loved one's diagnosis of Alzheimer's disease and develop a plan of action to address a myriad of issues. Online option: Alzheimer's Navigator™ is an online assessment program provided by the Alzheimer's Association to help caregivers and people with dementia evaluate their needs, execute action steps and connect with local programs and services. www.alzheimersnavigator.org
Another online option for caregiving information and tools: www.alz.org/care
- **Early Stage Engagement and Enrichment Programs:** A variety of social, educational, and entertaining activities designed to help those with early stage memory loss and their care partners to remain active, socially engaged, and intellectually stimulated, thus enhancing their quality of life. Contact your local chapter for more information and schedules of events.
- **TrialMatch** is a free service that makes it easy for people with Alzheimer's, caregivers, families and physicians to locate clinical trials based on personal criteria (diagnosis, stage of disease) and

location. Through clinical trials, researchers test new ways to detect, treat and prevent Alzheimer's disease and other related dementias. www.alz.org/trialmatch

Safety Services:

- **MedicAlert + Alzheimer's Association Safe Return** is our 24-hour nationwide emergency response service for individuals with Alzheimer's that wander or who have a medical emergency. www.medicalert.com/safereturn
- **Dementia & Driving Resource Center** tips and strategies for this topic www.alz.org/driving
- **Comfort Zone** powered by Omnilink, is a new comprehensive web based location management service that remotely monitors the location of the person with Alzheimer's, sets up safety zones and receives alerts (via text or e-mail) when he or she has traveled beyond a pre-set zone. www.alz.org/comfortzone

Educational Presentations:

The Alzheimer's Association has developed a number of educational programs to inform and assist those going through this disease. Programs are offered on a regular basis throughout communities and by request. Current offerings include:

- Alzheimer's disease: Know the 10 Signs*
- The Basics: Memory Loss, Dementia and Alzheimer's*
- Living with Alzheimer's Series*
- Financial and Legal Matters*
- Professional training and conferences, including continuing education credits, are available through your local chapter

*Available online at <http://eLearning.alz.org>

Alzheimer's Awareness Activities:

Our vision is a world without Alzheimer's; to achieve this vision we must raise public awareness and create a more accurate understanding of the disease, its symptoms, and early warning signs. We accomplish this through a wide range of activities that include:

- Health fair presentations
- Educational conferences and programs
- Volunteer Speakers Bureau that provides speakers for club meetings, company presentations, etc.
- Media interviews and articles, including radio talk shows and print media
- Walk to End Alzheimer's, our largest community event to raise awareness and funds held each Autumn

- Website www.alz.org and newsletters.

Public Policy and Advocacy:

Speak up for the needs and rights of people with Alzheimer's and their families, and help persuade Congress to address those needs through legislative action @ www.alz.org/advocacy